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ACOUSTIC PANELS

A fitness center renovation in Calgary focuses on tamping the building's sound and vibration

Bold Interior Design chose as its solution a lighting/acoustical panel combination.

BY JOHN CAULFIELD, SENIOR EDITOR | JUNE 9, 2022





The architectural lighting design within Evolve Strength's Calgary facility includes an acoustical grid that breaks up the building's interior mass.
Images: Bold Interior Design

Can architectural lighting make a large room quieter?

That was the question Bold Interior Design, an Edmonton, Alberta-based firm, determined affirmatively as the designer of an adaptive reuse of a vacated Mountain Equipment Co-op facility in the Seton community of Calgary, AB, for a 30,000-sf Evolve Strength fitness and wellness center which opened last February after a five-month

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